

# What you will learn from purchasing and reading *The ICD Guide to Collaborating With Professional Organizers For Related Professionals?*

Insight	Related Professionals (RPs) [at least some RPs]	New POs	Experienced POs in CD
What chronic disorganization is	✓	✓	
What professional organizers do, the various roles they play, the kinds of specialties they have	✓	✓	
The kind of training ICD organizers receive and an overview of their certification program and professional code of ethics	✓	✓	
How to choose a PO for myself, a client, or family member	✓		
The two general types of collaboration that exist	✓	✓	✓
The types of collaboration that between POs and RPs exist	✓	✓	✓
Why therapy by itself is not enough for some clients	✓	✓	✓
The wide range of professionals who might be part of the PO's collaborative team	✓	✓	✓
The levels of collaboration that exist	✓	✓	✓
How to find a mental health practitioner for your client &/or the resources available to find another mental health practitioner for your client	✓	✓	✓
How does a PO or an RP begin a collaborative relationship?	✓	✓	✓
What does "emotional box" mean?	✓	✓	
What does "traumatized attachment" mean?	✓	✓	✓
Why would a related professional want to collaborate with a PO?	✓		
What methods and approaches are similar between mental health clinicians & POs who specialize in working with chronic disorganization?	✓	✓	✓
Case studies and examples of best practices in working with clients with hoarding behaviors	✓	✓	✓
Case studies and examples of best practices of organizers and ADHD coaches working together and with their clients	✓	✓	✓
Is hoarding the same as chronic disorganization?	✓	✓	
An introduction to the Prochaska et al. stages of change process	✓	✓	
An introduction to the kaizen "small steps" process	✓	✓	
What assessment tools and other forms do organizers use and when?	✓	✓	
What are strengths-based assessments?	✓	✓	✓
An introduction to the use of motivational interviewing with clients who hoard	✓	✓	
An introduction to processing modalities	✓	✓	
What the ICD Clutter Quality of Life Scale is	✓	✓	✓
How POs learn from their clients	✓	✓	✓

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How do organizers and other professionals establish successful relationship with one's client?	✓	✓	
What can mental health professionals and POs learn from each other?	✓	✓	✓
What do CPO-CDs consider best practices?	✓	✓	✓
What is the "harm reduction" model and what are some examples of how it can be implemented?	✓	✓	✓
What are "safety days"?	✓	✓	✓
What is "ambiguous loss"?	✓	✓	✓
Why would sticking one's tongue out at a PO or psychotherapist be a good thing?	✓	✓	✓
What are hoarding task forces?	✓	✓	
How does a successful hoarding force get set up and function?	✓	✓	✓
What are interventions? What are hoarding interventions? What constitutes an effective hoarding intervention?	✓	✓	✓
What is TBI or BIS and how can POs and RPs help with this population?	✓	✓	✓
How do POs work effectively with the family members of those who have challenges getting and staying organized?	✓	✓	✓
What support groups exist for those who need help with organization? What types of groups exist? What is the difference between a self-help group, a facilitated peer support group, and group therapy?	✓	✓	✓
What services does ICD provide for the general public?	✓	✓	
What does the ICD research program consist of? Is there an in-house research program? What is its process for collaborating with outside researchers? What abstracts have been presented at recent ICD conferences?	✓	✓	✓
What is compassion fatigue and vicarious traumatization and who is vulnerable to experiencing them?	✓	✓	✓
Why is self-care important for both mental health professionals AND POs, especially those who specialize in the working with clients with chronic disorganization?	✓	✓	✓
How do organizers choose to become POs and what is it like for a mental health clinician to switch careers and become a PO or a PO to shift careers and become a therapist?	✓	✓	✓