

I think I have a problem with Clutter



It is hard for me to talk about this. Other people don't seem to understand and I have become secretive and isolated. The clutter makes it difficult for me to do everyday things.

I am having difficulty dealing with this alone. I need help.

Researchers at the UCSF and the MHASF are conducting a study to learn more about different treatments for people with difficulties discarding. Research participants will receive \$100 compensation.

- 15-16 sessions of group treatment in 20 weeks
- Interviews and assessments at UCSF

ARE YOU ELIGIBLE TO PARTICIPATE IN THIS STUDY?

You may be eligible to participate in this study if you are 18 years or older, you have difficulties with clutter, and you have NOT received cognitive-behavioral treatment for Hoarding Disorder in the last 12 months

To learn more about this study, contact the MHASF at: pcoristudy@gmail.com or (415)763-7489. **Groups are in San Mateo, Berkeley, & San Francisco.**

We look forward to hearing from you!